

RUNDSCHREIBEN Nr. 30/SW/2020

ROTTERDAM QUALIFICATION MEET (RQM)

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<u>Trainer:</u>	Balazs FEHERVARI	Marco WOLF	
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<u>Treffpunkt:</u>	MI; 02.12.2020	15:45h	FH Schwechat, Terminal 3
<u>Hinflug:</u>	MI; 02.12.2020	17:45H	OS 375
	MI; 02.12.2020	11:50H	KLM 1945 Kreundl
<u>Rückflug:</u>	SO; 06.12.2020	20:00H	OS 376
	SO; 06.12.2020	21:00H	KLM 1969 Kreundl
	MO; 07.12.2020	20:00H	OS 376 Reitshammer, Gigler, Wolf
<u>Zusätzliche Info:</u>	COVID-19-Konzept des Veranstalters ist verpflichtend (Beilage)		
<u>Unterkunft:</u>	ART Hotel Rotterdam, Mijnsherelaan 9, 3081 GA Rotterdam, NL		
<u>Sportstätte:</u>	Zwemcentrum Rotterdam, Annie M.G.Schidtplein 8, 3083 NZ Rotterdam, NL		

Reisekosten: An- und Abreise zum/vom Flughafen Wien werden in Absprache individuell organisiert. Fahrtkosten werden ggf. über die Vereine abgerechnet. Abrechnung erfolgt nach der Entsendung unter Berücksichtigung der individuellen Spitzensportförderungen.

Mitzunehmen sind: Ausrüstung des OSV, Reisepass

Ausrüstungskit:

Der OSV legt zum Zweck eines einheitlichen Erscheinungsbildes die Ausrüstung wie folgt fest:

- JOMA Präsentationsjacke rot
- JOMA Kapuzenjacke rot
- JOMA T-Shirt weiß & rot
- JOMA Polo weiß & rot
- JOMA kurze Hose blau

- JOMA Lange Hose blau
- ARENA Leggings (w)
- ARENA Rucksack
- ARENA Wärmemantel

Tragen der Ausrüstung:

Des Weiteren sollten die zuvor genannten Oberteile **ausschließlich** mit dem Sponsor-Aufkleber EVA AIR (wird vom OSV zur Verfügung gestellt) getragen werden. Dieser ist wie folgt anzubringen:



Zusätzliche (bzw. persönliche) Sponsor-Aufkleber können unter dem oben genannten Aufkleber angebracht werden, sofern dies vom Veranstalter erlaubt ist und mit der Delegationsleitung abgesprochen ist. Sollten nur ein Sponsor erlaubt sein ist die Oberbekleidung wie oben abgebildet zu tragen.

Entsendungsrichtlinien: Die Entsendungsrichtlinien sind durch die Athletinnen oder Erziehungsberechtigten zu unterschreiben und vor Beginn der Veranstaltung an entsendungen@schwimmverband.at (pdf-Datei) zu übermitteln.

Anti-Doping: Jeder Athlet hat vor dem Antritt zur Entsendung die Anti-Doping-Lizenz der NADA zu lösen und an den OSV per E-Mail (pdf-Datei) zu übermitteln. Diese Lizenz ist jährlich (Kalenderjahr) zu erneuern.

Link: <https://lizenz.nada.at/online/login/index.ph>

Wien, 01.12.2020

ÖSTERREICHISCHER SCHWIMMVERBAND

Manfred Otte, e.h.
OSV Fachwart Schwimmen

Walter Bär, e.h.
OSV Sportdirektor



COVID-19 PROTOCOL

ROTTERDAM QUALIFICATION MEET

December 2-6 2020

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SUMMARY



COVID PCR TEST

- A negative PCR-test, **no older than 5 days** prior to the beginning of the competition.
- Please send your negative PCR-test results to ed@swimevents.nl



COVID AG TEST - ACCREDITATION

- COVID Ag test at the venue according to schedule
- Negative test = accreditation



DURING THE MEET

- Check of individual temperature at all venue entry points using non-contact thermometers
- If temperature <38 degrees entrance will be allowed
- If temperature >38 grades COVID-19 checklist & next steps decided by RQM LOC COVID-19 Officer



**NO ENTRY WITHOUT
FACE MASK**

WHEN IN VENUE

- Face Mask mandatory when not competing
- Event general guidelines apply
- Keep distance from others (1,5m)

REGISTRATION

To get accredited, all athletes and staff who want to enter the pool need to register.

Registration is done through a ticketing system

Purchase a free ticket for the entire event for either athlete or staff

Print your ticket and bring it with you when you arrive at the pool for your COVID-Ag test on Wednesday December 2

[Registration link](#)



INTRODUCTION

The RQM local organizing committee (LOC) acknowledges the extraordinary nature of the COVID-19 pandemic and the ensuing difficulties for the organisation of safe sporting events.

In consideration of these extraordinary circumstances, the FINA Bureau issued a document to provide mandatory guidelines for the resumption of competition in light of the current COVID-19 pandemic (“The FINA COVID-19 Guidelines”).

The FINA COVID-19 Guidelines set out requirements which must be complied with and practical recommendations which are not mandatory.

The RQM LOC has decided to follow these FINA guidelines as best as possible as FINA states in their following recommendation

The FINA COVID-19 Guidelines shall apply to all competitions organized or sanctioned by FINA, and strongly recommended for any Continental or Regional Organization.

The FINA COVID-19 Guidelines are applicable to all persons participating in FINA Competitions (the “Participants”). This includes but is not limited to athletes, athlete’s entourage, media, technical partners (e.g timing and scoring staff), FINA Family (referees, judges, FINA Staff, Technical Committee Member or Bureau members), OC staff and volunteers.

Apart from FINA recommendations, the RQM LOC is guided by the local safety region of the city of Rotterdam

The aim of these COVID-19 Guidelines is to ensure that all steps are taken to mitigate the risk of infection for those involved in competition, understanding the risk cannot be completely eliminated. All stakeholders participate in competition at their own risk.

These COVID-19 Guidelines provide a minimum standard for the health and safety of all athletes, staff and officials, with latitude for adaptation to individual circumstances.

Consistent with WHO recommendations FINA prioritizes enhanced hygiene and physical distancing, together with a COVID-19 testing programme. This is supported by a zonal approach for competition, mitigating risk for athletes and officials. The FINA COVID-19 Guidelines focus on a positive experience for a television audience, where local regulations do not permit spectators. Where spectators are permitted they must be kept fully separated from all other participants at the venue through a distinct COVID-19 prevention strategy.

SCIENTIFIC INFORMATION

Tests for COVID-19

There are two tests, on fresh nasal or throat swabs, currently used to detect the presence of COVID-19 virus.

PCR Test

This test employs a laboratory technique known as polymerase chain reaction from which the test gets its name. It offers a precise, very sensitive measure of viral genetic material even when the virus is dead. It is reported as either positive or negative irrespective of the number of COVID-19 particles present, preferably from a high nasal swab. Results from PCR testing take at least 24 hours to report, however in most jurisdictions it is several days before a result is known.

Antigen Tests

Antigen (Ag) testing detects certain viral proteins present in a nose or throat swab. It offers rapid inexpensive testing conducted on-site with an immediate result. While a positive Ag test indicates contagion there is also the possibility of a false negative result. If an individual is symptomatic with a negative Ag test, the attending physician may order a PCR test.

In the context of the FINA Guidelines, evidence of PCR testing is required prior to the arrival of every member of a team delegation and each official. Upon arrival at the competition venue (hotel) every participant will be required to undergo an Ag test. Only in the presence of negative PCR and Ag test results will an individual be permitted to participate in FINA competition.

Of the seven forms of Ag testing currently available, the FINA COVID Task Force recommends tests that detect high contagion with good sensitivity in patients with a CT value below 30. The CT value or threshold cycle value indicates viral load with a CT value of 30 considered by most authorities to be a significant cut-off for contagion.

Therefore, the following Ag tests (with their sensitivities) are recommended.

Antigen test (fast covid-19 test) which can be used by organization of FINA events.

Not all antigen tests are useful for the purpose FINA wants to use them for (detect contagious athletes and people in their entourage).

Therefore the FINA task force has approved (version October 2020) a few of them and will keep track of new ones available.

APPROVED (Sensitivity at CT values of PCR between 25-33):

- BIOSENSOR Ag Test: 71.8%
- ABBOTT Ag Test: 65.7%
- BIOSYNEX Ag Test: 71.3%
- AAZ Ag Test: 73.5%
- BD Veritor Ag Test 93.4%
- Wesail Ag test 71,1%

TRAVEL TO THE COMPETITION

The delegation shall limit the number of support personnel accompanying the athletes.

All travelling participants must ensure strict compliance with all local guidance and regulations while travelling, to mitigate the risk of contracting the virus.

Pre-competition Testing

Only the participants with evidence of a recent negative COVID-19 PCR test and a recent negative Ag test will be eligible to attend or take part in the relevant competition.

This applies to all accredited participants, including athletes, athlete's entourage, media, technical partners (e.g timing and scoring staff), volunteers & officials.

We recommend that each delegation keep a COVID-19 testing logbook for their athletes and officials.

Therefore, these participants to a FINA Competition have to follow the protocol hereunder:

1. Participants will provide to the RQM LOC a negative PCR-test, **no older than 5 days prior** to the beginning of the competition.
All costs related to this test are to be borne by the participant and/or their National Federation
2. At arrival, all participants must submit to a rapid Ag test which will be organized by the RQM LOC
All costs related to this test are to be borne by the RQM LOC.

Please review the attached rapid AG test schedule for all competing teams & athletes

Athletes who have recovered from COVID-19 prior to the Competition

It is recognized that those recovered from COVID-19 may still be at risk of returning a positive PCR test, despite no contagion risk or symptoms.

To be permitted to take part in subsequent competition any athlete who has recovered from COVID-19 must submit medical documentation to the RQM LOC which confirms full recovery from COVID-19. This information will be reviewed confidentially by the COVID manager physicians who will decide if the Athlete can participate or not and recommend appropriate steps to be followed. The documentation must include:

- The date of initial diagnosis (the date of first symptoms should be at least 7 days before the competition with at least one day without any symptoms),
- Relevant medical history in English,
- The results of at least 1 negative COVID-19 test (PCR or antigen) in accordance with the health care regulations of the respective country reported within 14 days of the commencement of the intended competition.

TRAVEL GUIDELINES FOR NON-EU PARTICIPANTS

For Non-EU Elite athletes it is important to understand that if they travel to the Netherlands:

General guidelines

- They need to stay in the Netherlands as short as possible
- They limit their social contacts at home as best as they can
- They follow the COVID-guidelines as strict as they can
- They avoid social contacts during their stay in the Netherlands (stay only in your hotel or at the venue)
- They do not show any signs from COVID-19 before departure
- They are not allowed to travel with public transportation

Procedure at Border Control:

- The Dutch National Olympic Committee needs to inform border patrol authorities at least 72 hours before arrival of your arrival.
- They need to send a specific list to border control authorities
- All teammembers will receive an official invitation from the Dutch Olympic Committee that you need to show at border control

LIAISONS

RQM LOC EXPERT PANEL

The RQM LOC has appointed an independent medical-legal panel to support and decide on potential Covid 19 issues before and/or during the RQM.

This panel consists of the following members:

RQM LOC COVID-19 OFFICER

The RQM LOC has appointed an RQM LOC COVID-19 Officer who is a physician who has awareness of the FINA COVID-19 Guidelines and is up to date with the latest evidence on COVID-19 disease. The Guidelines of the competition and the competition Health Plan must contain OC COVID Officer contact details.

The OC COVID-19 Officer must liaise with local Public Health Authorities in the planning for the competition, and during the competition.

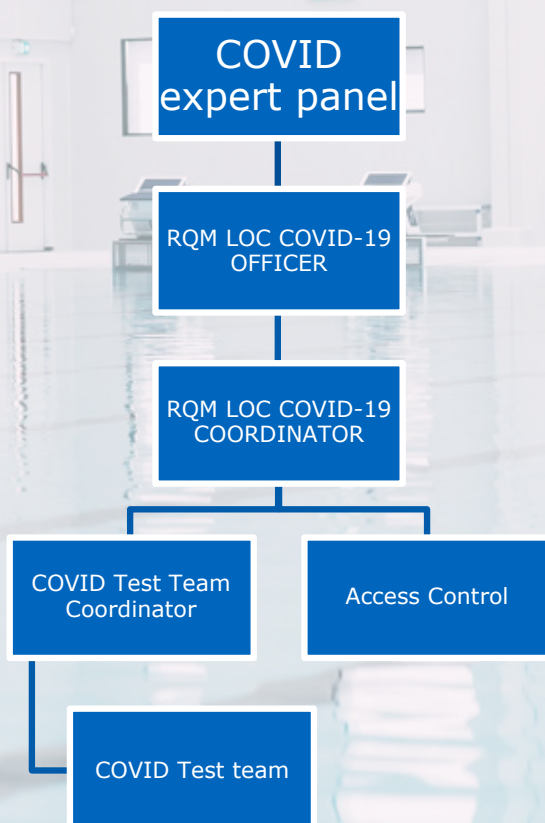
RQM LOC COVID-19 COORDINATOR

Is responsible at the location to ensure the protocol is followed and is responsible for COVID-19 communication during the event.

COVID-19 TEAM CONTACT PERSON (CTCP)

When feasible, all teams/delegations should appoint 1 person from the coaching staff to be responsible for ensuring all mitigation measures are followed by the athletes and officials of the delegations.

The CTCP will be the liaison with the RQM LC COVID-19 Officer and Coordinator.



1. Andre Cats
2. Ronald van Ombergen
3. Team NL Physician

Ed de Kievit

TESTING

Testing protocol

As mentioned before, a negative PCR (no older than 5 days) and a negative Antigen test upon arrival are required to be accredited and to participate in the RQM.

During the event, only 1 negative Antigen test is required.

Management of test results during competition

If a test is recorded as positive, it must immediately be reported to the RQM LOC COVID-19 Officer, who shall inform the RQM COVID panel. All immediate contacts of this person must be placed in isolation and if needed tested again.

Development of symptoms during the Event

Signs and symptoms that may indicate COVID-19 infection include high fever, dry cough, fatigue, breathlessness, or loss of sense of taste and/or smell. Any participant at the RQM who develops one or more of these symptoms must immediately quarantine themselves at their hotel and contact the RQM LOC COVID-19 Officer. Until cleared by the RQM LOC COVID-19 Officer, a symptomatic individual must remain isolated from the delegation and not attend the venue. Any decision regarding contact tracing will be made by the RQM LOC COVID-19 Officer.

In this situation, a negative test (antigen or PCR also depending on the local regulations) will be mandatory before the participant is released from isolation by the OC COVID-19 Officer.

Positive Report Protocol

- If an Event Participant experiences COVID-19 symptoms, or feels otherwise ill with related symptoms, he / she must immediately inform their Team Leader, or the supervisor of the respective service provider (media, volunteers) and go into quarantine.
- The identified person of authority must immediately inform the RQM LOC COVID-19 Officer or the RQM COVID-19 Coordinator.
- The subsequent testing protocol will then be the responsibility of the RQM LOC COVID-19 Officer in accordance with protocols set by the local health authority.
- If a member of any delegation returns a positive test, it is the responsibility of the RQM LOC COVID-19 OFFICER to notify the local public health authority.
- The infected person will be isolated in quarantine
- Contact tracing will immediately commence
- All contacts will be isolated and tested as soon as possible.
- In the case of a positive result in an individual without any or with mild symptoms, they will be quarantined in their hotel room (or otherwise as indicated by the local authorities) with all meals delivered and their condition monitored.
- In the case of a positive test with accompanying severe symptoms, the individual should be admitted to hospital care under the direction of the OC COVID-19 Officer.
- From this point the management protocol of the hospital medical staff will be respected.
- Hospital discharge will be at the discretion of the attending medical staff who will inform the OC COVID-19 Officer.

AT THE VENUE

Equipment owned by the facility shall be maintained, sanitized, and disinfected by the facility owner/personnel.

In particular, the RQM LOC will ensure that the venue provides the following:

- Signage indicating physical distancing recommendations on self-protection, hand washing and coughing etiquette, posted in the venue entrance and throughout the facility.
- Venue entrance and exit doors and pedestrian flow into and throughout the facility, clearly indicated where necessary with floor markings to show physical distancing requirements.
- All official accredited zones (athletes' area, media, working spaces, field of play), must accommodate physical distancing requirements and provide masks, disinfecting wipes and alcohol-based hand sanitizers.
- All confined spaces should have adequate fresh air ventilation.
- A venue medical facility should be provided to accommodate routine medical services, offering secure, confidential assessment of athletes and officials. In the unlikely event of an athlete or official suddenly presenting with symptoms suggestive of COVID-19 infection, this medical facility could double as an isolation room.

Personnel from the same team delegation are permitted to sit together and spectator seating for athletes, officials and other accredited personnel should conform with standards for physical distancing.

Public spectators will not be allowed in accordance with the prevailing standards set by the local health authority.

Bins and/or containers must be available in numerous venue locations for all disposables.

ARRIVAL AT THE VENUE

Access to the pool should be via dedicated 'zone' entrances, no mixing is allowed. Accredited people enter through the accredited zone. Non-accredited persons through the non-accredited entrance

A fixed time of arrival to the event should be scheduled to prevent crowding of athletes at the entrance.

Body Temperature Check at Competition Venue

The RQM LOC will check individual temperature at all venue entry points using non-contact thermometers as a screen for all accredited personnel.

1. Where an accredited person is found to have an elevated temperature (above 38.0°C), provision must be made for completion of an on-line symptom screen.
2. The RQM LOC COVID-19 Officer will then interpret the individual results and determine whether the individual is permitted entry into the venue.
3. If there is no other explanation for the increased temperature the person involved should be quarantined and a COVID-19 antigen test must be done.
4. The RQM LOC COVID-19 Officer shall determine the appropriate next steps in this case.

Changing Rooms

- Swimmers should be allocated changing rooms that are large enough to allow for sufficient space between seats to ensure physical distancing is respected.
- Athletes should be allocated separate treatment rooms when possible.
- Venue staff should ensure that the changing rooms, treatment rooms and toilets are thoroughly cleaned and disinfected before the pool is open to anyone else.
- To further reduce the risk of infection, at the end of the competition it is recommended that the athlete and officials do not shower at the venue but return to their hotel or homes as quickly as possible to shower there.

MEDICAL STATION

The Medical Station and First Aid Room will follow the principles set in the present FINA COVID-19 Guidelines.

All procedures must comply with the local Public Health Authority regulations.

Doping Control Station

The Doping Control Station Room will follow the principles set in the present FINA COVID-19 Guidelines.

The doping control procedures will be defined by the FINA DCRB in compliance with WADA COVID-19 Guidelines.

All doping control officers, and volunteers must respect all anti-COVID-19 precautions and wear masks and gloves.

VOLUNTEERS

Volunteers must undergo the same medical screening and accreditation procedure as Teams, Officials and Media. The OC shall arrange a separate distribution for the volunteers' accreditation cards and shall not use the official accreditation station during the main arrival days for Competition participants. The required documents (e.g. medical health questionnaire, waiver, etc.) must be completed by each volunteer.

At the venue, volunteers must always wear a mask / face-nose protection and must be briefed on all hygienic measures by the OC.

All volunteers who come into direct contact with athletes or officials must undergo the same COVID-19 testing before the event. Their resulting status must be checked by the OC COVID-19 Officer.

MEDIA

Accreditation

Media accreditation shall be prepared in advance.

- The media representatives must complete the same health screening process as other accredited groups.
- Masks/mouth-nose face protection must always be worn in the venue and Mixed Zone.
- Accredited media representatives must be limited in numbers, taking into account physical distancing and the available space.
- The Media/Press Centre and Press Conference Room must be prepared with at least 1.5 meters between the seats and neighboring rows of seats.
- No Press Conference should be organized in principle. But if a Press Conference is organized then the following rules shall be applied:
- A maximum number of participants must be limited by the size of the Press Conference space, under the guidance of the RQM LOC COVID-19 Officer. A maximum of 2 representatives will be seated at the head table respecting the regulations of physical distancing.
- No microphones will be provided for media representatives
- Each athlete should have his/her own microphone
- The first line of media should be at least 4 m distant from the head table, whilst the allocation of the seats for the media should respect the rules of physical distancing.
- The table, the chairs and the microphones should be disinfected after the first team representatives leave the room.

Mixed Zone

- A clear delineation must be drawn on the floor between the backdrop and press barrier, so that athletes always stay at least 1.5 meters away from media representatives. Different microphones must be used, one for the journalist and one for the athlete. The Athlete's microphone shall be cleaned and sanitized after each interview.
- The same principle must apply to one-on-one interviews.

Photographers

- The RQM LOC will allocate marked-out photo places in compliance with physical distancing measures.
- A maximum number of photographers should be set for each area, allowing for physical distancing measures.

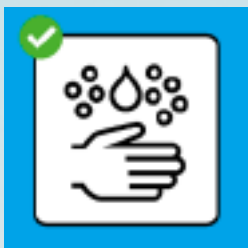
TV Production

- It is the TV Production's responsibility to ensure that the COVID-19 guidelines are respected.
- All TV production staff will need to follow the same guidelines as for other media, including temperature checks at entrance, completion of COVID-19 information form.
- All TV personnel operating inside the venue must wear a mask at all times.
- TV personnel must ensure that they always remain at least 1.5m away from all swimmers and officials, except where this is unavoidable and accidental during the match.

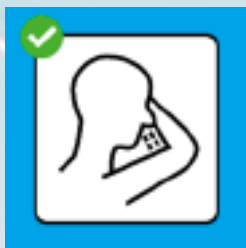
EVENT GENERAL GUIDELINES

Hygiene Measures

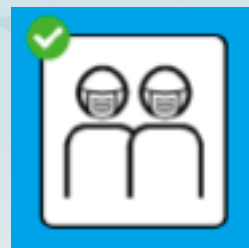
Every accredited person must follow basic principles shown below. These are valid for travel to competition, at the hotel, and at the training/competition venue.



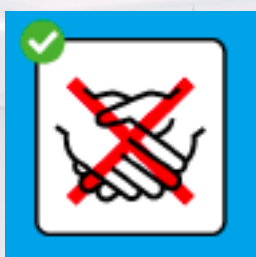
Wash your hands thoroughly



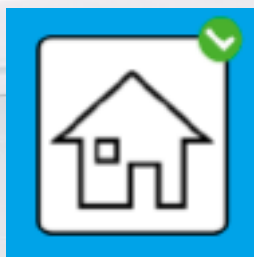
Cough and sneeze into a tissue or the crook of your arm



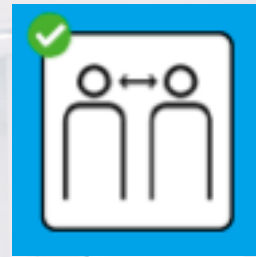
Wear a face mask



Avoid shaking hands, hugging, kissing



Stay at home/hotel if you have symptoms

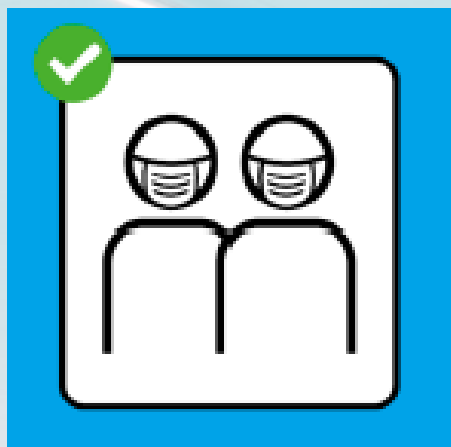


Keep your 1.5m distance

Please note:

- Items/equipment/tools should NOT be shared. If this cannot be avoided, the user must disinfect his/her hands and the specific item before and after use.
- Trained cleaning staff must regularly disinfect door handles, keyboards, phones, and hard surfaces, including tables, working places, sinks, toilets. The waste management and cleaning plan should be included in the competition Health Plan for FINA review.
- Paper towels and liquid soaps must be provided in all bathrooms to replace hand soap bars and ventilation hand-dryers.
- Organizers must provide sufficient hand sanitizers (hand-gel or similar based solutions as per WHO requirements) at all official venues, transportation hubs, and official hotels,
- Offices and rooms in all official locations must be well ventilated. Air conditioning units may require special filters. Details are to be included in the competition OC COVID-19 Health Plan for FINA review
- Athletes must use personal water bottles, refilled from no-touch water-outlets. Water bottles must not be shared.

Masks / Face-Nose Protection



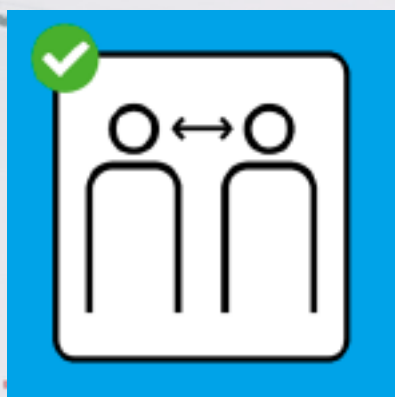
Every accredited person **MUST** wear a mask / mouth-face nose protection at all times in official event locations including:

- Main Venue
- On official transportation
- At hotel except when eating.

General exceptions to wearing a mask / mouth-face nose protection are:

When not worn the mask must be kept in a separate container/bag (e.g. sandwich “Ziploc” bag) to prevent contamination. Disposable masks must be regularly changed and multi-use masks washed after regular use.

The Organizing Committee will provide a disposable mask (free of charge) to each accredited person (i.e. 2 masks / day)



Physical Distancing

The physical distance of **1.5 meter minimum** must be respected at all times (except when training and during competition).

Signage to indicate safe physical distancing at points of entry are installed, as well as plexiglass barriers and or floor markings to show flow of traffic to respect physical distancing.

All teams will be placed in designated areas as indicated on the floor plan

Sanitary / Disinfection Procedure

The Organizing Committee, under the supervision of the OC COVID-19 Officer, shall establish a cleaning and disinfection plan.

After each session the pool and locker rooms will be cleaned before the next group of competitors can enter the venue

Tracing app

You are kindly requested to download the Dutch “Tracing-App” CoronaMelder.

